Shul	Shul Address	Weekday Shacharit	Weekday Mincha	Weekday Maariv	Sunday Shacharit	Sunday Mincha	Sunday Maariv	Shabbat Shacharit
Bais Medrash of Bergenfield	371 S Prospect Ave Bergenfield, NJ 201-637-7470	8:30 (Wednesdays)			8:30		6:00, 6:15, 7:00	7:15, 9:00
Ahavat Shalom	1600 Queen Anne Rd Teaneck, NJ							8:45
Arzei Darom	725 Queen Anne Rd Teaneck, NJ 201-530-0043	6:35/6:45	8:30		8:30			9:00
Beth Aaron	950 Queen Anne Rd Teaneck, NJ (201) 836-6210	6:00, 6:20/30, 7:10/15, 8		8:00, 9:30	6:30, 7:15, 8:00, 8:45	1:00	8:00, 9:00	7:30, 8:45, 9:15 (youth)
Beth Abraham	396 New Bridge Rd Bergenfield, NJ (201) 384-0434	Vasikin, 6:20/30, 7:10			Vasikin, 6:50, 8:00, 8:45,9:05			Vasikin, 7:15, 8:45, 9:15
Bnai Yeshurun	641 W. Englewood Ave Teaneck, NJ (201) 836-8916	6:05/15, 6:20/30, 7:00, 7:20/30, 8:00, 8:50	1:45		6:25, 7:00, 8:00, 8:50, 9:15	12:45, 1:45	6:00, 7:00, 8:00, 9:00, 10:01, 10:45	7:00, 8:30, 9:00, 9:20
Jewish Center	70 Sterling Pl Teaneck, NJ (201) 833-0515	7:00/15	7:30		9:00			9:00
Keter Torah	600 Roemer Ave Teaneck, NJ (201) 907-0180	5:50/6:00, 7:15, 8:10		9:35	6:40, 8:00, 9:00			9:00, 9:15
Ohr HaTorah	36 Rector Ct Bergenfield, NJ 201-244-5905			8:45	8:00			8:15
Ohr Saadya	54 Queen Anne Rd Teaneck, NJ 201-988-0507			7:45 (Care One)	8:30 (Care One)			9:00
Netivot Shalom	811 Palisade Ave Teaneck, NJ (201) 801-9022				8:00			9:00
Rinat Yisrael	389 W. Englewood Ave Teaneck, NJ (201) 837-2795	6:20/30, 7:20/30		7:30, 9:15	7:00, 8:00, 9:00		9:15	7:00, 8:30, 9:00
Shaarei Orah	1425 Essex Road Teaneck, NJ (201) 833-0800	6:15			8:00			8:30
Shaare Tefillah	510 Claremont Ave Teaneck, NJ (201) 357-0613	6:20/30		8:30	8:00			7:15, 9:00
Teaneck Chabad House	513 Kenwood Place Teaneck, NJ (201) 907-0686	6:40/45			8:00			9:30
Yeshivas Bais Mordechai	1443 Palisade Ave Teaneck, NJ	7:30	1:30	9:30	7:30			8:30
Young Israel of Teaneck	868 Perry Lane Teaneck, NJ (201)837-1710	6:20/30, 7:00		9:00	7:00, 8:00			7:00, 8:00, 9:00
Zichron Mordechai	268 W Englewood Ave Teaneck, NJ (201) 836-4334							7:15, 8:30